

How New Year's Resolutions Can Improve Your Driving Habits

New Year's resolutions are a great way to make a change for the better in your life. Whether you want to lose weight, get in shape, or improve your finances, there's a resolution out there for you. And if you're a driver, there are plenty of resolutions you can make to improve your driving habits.



New Year's Resolution and driving

★★★★★ 5 out of 5

Language	: English
File size	: 1275 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 3 pages



Here are a few tips on how to make your New Year's resolutions stick:

1. **Be specific.** Don't just say you want to be a better driver. Instead, set specific goals for yourself, such as "I will reduce my speeding by 10%" or "I will always come to a complete stop at stop signs."
2. **Make it realistic.** Don't set yourself up for failure by making a resolution that you can't possibly keep. If you've never been a good driver, don't expect to become a perfect driver overnight. Start with small, achievable goals and work your way up from there.

3. **Write it down.** Writing down your resolutions makes them more real and helps you stay accountable. Keep your resolutions somewhere where you'll see them every day, such as on your fridge or on your bathroom mirror.
4. **Share it with someone.** Telling a friend or family member about your resolutions can help you stay motivated. They can offer encouragement and support when you're struggling to stick to your goals.

Here are a few New Year's resolutions that can help you improve your driving habits:

- **I will always wear my seat belt.** Wearing your seat belt is the single most important thing you can do to protect yourself in a crash. Make it a habit to buckle up every time you get in the car, no matter how short the trip.
- **I will never drive under the influence of alcohol or drugs.** Driving under the influence is one of the most dangerous things you can do. It impairs your judgment, coordination, and reaction time. If you're going to be drinking, make sure to have a designated driver or take a taxi.
- **I will obey the speed limit.** Speeding is one of the leading causes of car crashes. Slow down and obey the speed limit to reduce your risk of crashing.
- **I will always come to a complete stop at stop signs.** Rolling stops are a major cause of accidents. Make sure to come to a complete stop at all stop signs, even if there's no traffic coming.

- **I will be more aware of my surroundings.** Pay attention to the road, other drivers, and pedestrians. Avoid distractions such as talking on your phone or texting while driving.
- **I will be more courteous to other drivers.** Use your turn signals, let other drivers merge in, and don't tailgate. Being courteous to other drivers makes the roads safer for everyone.

Making a few simple changes to your driving habits can make a big difference in your safety and the safety of others. So make a New Year's resolution to be a better driver. It's one of the best things you can do for yourself, your family, and your community.



New Year's Resolution and driving

★★★★★ 5 out of 5

Language : English
File size : 1275 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 3 pages

FREE

DOWNLOAD E-BOOK





German Men Sit Down To Pee And Other Insights Into German Culture

German culture is a fascinating and complex tapestry of traditions, customs, and beliefs. From the language to the food to the people, there is...



High School: A Comprehensive Guide to Surviving the Awkward Years

High school can be a tough time, but it doesn't have to be all bad. This comprehensive guide will help you navigate the social, academic, and...