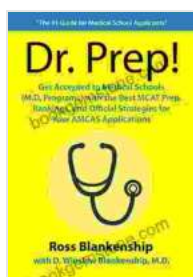


Get Accepted to Medical Schools with the Best MCAT Prep Rankings and Official Guide

The Medical College Admission Test (MCAT) is a standardized exam required for admission to medical schools in the United States and Canada. A high MCAT score is essential for getting into the medical school of your choice. This article provides a comprehensive guide to the best MCAT prep courses and materials, as well as tips on how to prepare for the exam.



Dr. Prep!: Get Accepted to Medical Schools with the Best MCAT Prep, Rankings and Official Strategies for Your AMCAS Applications by Ross Blankenship

★★★★★ 5 out of 5

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Best MCAT Prep Courses

There are many different MCAT prep courses available, each with its own strengths and weaknesses. The best course for you will depend on your individual needs and learning style. Here are some of the most popular MCAT prep courses:

- **Kaplan:** Kaplan is one of the most well-known MCAT prep companies, and offers a variety of courses to choose from. Kaplan's courses are typically taught by experienced MCAT instructors, and they provide a comprehensive range of study materials.
- **Princeton Review:** The Princeton Review is another popular MCAT prep company, and offers a variety of courses and study materials. Princeton Review's courses are typically taught by experienced MCAT instructors, and they provide a comprehensive range of study materials.
- **Examcrackers:** Examcrackers is a newer MCAT prep company, but has quickly become one of the most popular. Examcrackers' courses are typically taught by experienced MCAT instructors, and they provide a comprehensive range of study materials.
- **Altius:** Altius is a boutique MCAT prep company that offers a personalized approach to MCAT preparation. Altius' courses are typically taught by experienced MCAT instructors, and they provide a comprehensive range of study materials.
- **Blueprint MCAT:** Blueprint MCAT is an online MCAT prep company that offers a variety of courses and study materials. Blueprint MCAT's courses are typically taught by experienced MCAT instructors, and they provide a comprehensive range of study materials.

Best MCAT Study Materials

In addition to taking an MCAT prep course, you will also need to purchase some study materials. Here are some of the most popular MCAT study materials:

- **MCAT Official Prep Hub:** The MCAT Official Prep Hub is the only official source of MCAT practice materials. The Prep Hub includes practice questions, full-length practice exams, and a variety of other resources.
- **Kaplan MCAT Review:** Kaplan MCAT Review is a comprehensive MCAT study guide that covers all of the material tested on the exam. Kaplan MCAT Review includes practice questions, flashcards, and a variety of other resources.
- **Princeton Review MCAT 528:** Princeton Review MCAT 528 is a comprehensive MCAT study guide that covers all of the material tested on the exam. Princeton Review MCAT 528 includes practice questions, flashcards, and a variety of other resources.
- **Examcrackers MCAT Complete Study Package:** Examcrackers MCAT Complete Study Package is a comprehensive MCAT study guide that covers all of the material tested on the exam. Examcrackers MCAT Complete Study Package includes practice questions, flashcards, and a variety of other resources.
- **Altius MCAT Mastery Package:** Altius MCAT Mastery Package is a comprehensive MCAT study guide that covers all of the material tested on the exam. Altius MCAT Mastery Package includes practice questions, flashcards, and a variety of other resources.

Tips for Preparing for the MCAT

Here are some tips for preparing for the MCAT:

- **Start studying early:** The MCAT is a challenging exam, and it takes time to prepare. Start studying early so that you have plenty of time to

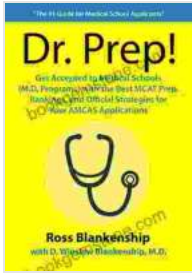
cover all of the material.

- **Take a practice exam:** The best way to prepare for the MCAT is to take a practice exam. This will help you identify your strengths and weaknesses, and it will give you a sense of what the exam is like.
- **Focus on your weaknesses:** Once you have identified your weaknesses, focus on studying those areas. Don't spend too much time on areas that you are already strong in.
- **Get enough sleep:** Sleep is essential for memory consolidation. Make sure to get enough sleep in the weeks leading up to the exam.
- **Eat a healthy diet:** Eating a healthy diet will help you stay energized and focused while you are studying.
- **Exercise regularly:** Exercise is a great way to relieve stress and improve your overall health. Make sure to get regular exercise in the weeks leading up to the exam.
- **Stay positive:** Preparing for the MCAT can be stressful, but it is important to stay positive. Believe in yourself and your ability to succeed.

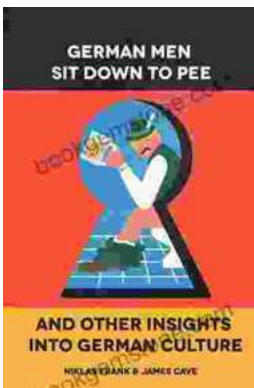
The MCAT is a challenging exam, but it is possible to do well if you are prepared. By following the tips in this article, you can increase your chances of getting a high MCAT score and getting into the medical school of your choice.

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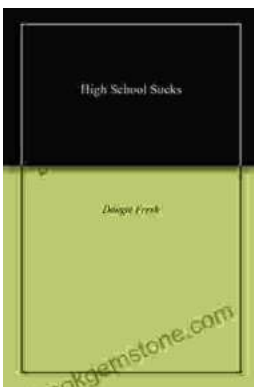


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