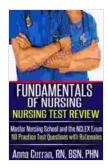
## Fundamentals of Nursing: The Ultimate Nursing Test Review Guide for Comprehensive Exam Success

The Fundamentals of Nursing (NCLEX-RN) exam is a challenging test that all nursing students must pass in order to become licensed nurses. The exam covers a wide range of topics, from basic nursing concepts to more advanced topics such as pharmacology and pathophysiology. In order to succeed on the NCLEX-RN, it is essential to have a strong understanding of the fundamentals of nursing.



Fundamentals of Nursing I Nursing Test Review: Master Nursing School and the NCLEX Exam 110 Practice Test Questions with Rationales (Nursing Tests Series Book

**3)** by Anna Curran

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Language	: English	
File size	: 725 KB	
Text-to-Speech	: Enabled	
Screen Reader	: Supported	
Enhanced typesetting : Enabled		
Print length	: 91 pages	
Lending	: Enabled	



This nursing test review guide will provide you with a comprehensive overview of the fundamentals of nursing. We will cover all of the major topics that you will need to know for the NCLEX-RN exam, including:

- The nursing process
- Basic patient care
- Pharmacology
- Pathophysiology
- Medical-surgical nursing
- Pediatric nursing
- Obstetrics and gynecology
- Mental health nursing

In addition to providing you with a comprehensive overview of the fundamentals of nursing, this test review guide will also provide you with:

- Practice questions for each topic
- Tips and tricks for answering NCLEX-RN questions
- A study schedule to help you prepare for the exam

With this nursing test review guide, you will have everything you need to succeed on the NCLEX-RN exam and become a licensed nurse. So what are you waiting for? Start studying today!

#### **The Nursing Process**

The nursing process is a systematic, step-by-step approach to providing patient care. It consists of five steps:

1. Assessment

- 2. Diagnosis
- 3. Planning
- 4. Implementation
- 5. Evaluation

The nursing process is a cyclical process, meaning that it can be repeated as often as necessary to meet the patient's needs. For example, a patient may be assessed and diagnosed with a new problem, which would then require a new plan of care. The plan of care would be implemented and the patient would be evaluated to see if the plan was effective. If the plan was not effective, it would be revised and implemented again.

The nursing process is an essential tool for providing safe and effective patient care. It helps nurses to identify and address the patient's needs, and to develop and implement a plan of care that will help the patient achieve their goals.

#### **Basic Patient Care**

Basic patient care involves providing the patient with the basic necessities of life, such as food, water, shelter, and clothing. It also involves providing the patient with comfort and support, and helping them to maintain their hygiene and independence.

Some of the tasks that are involved in basic patient care include:

- Bathing the patient
- Dressing the patient

- Feeding the patient
- Assisting the patient with toileting
- Providing the patient with comfort measures, such as pain medication and blankets
- Monitoring the patient's vital signs
- Reporting any changes in the patient's condition to the nurse

Basic patient care is an essential part of nursing. It helps to ensure that the patient is comfortable and has their basic needs met. It also helps to prevent complications and promote the patient's recovery.

#### Pharmacology

Pharmacology is the study of drugs and their effects on the body. Nurses need to have a good understanding of pharmacology in order to safely administer medications to their patients.

Some of the topics that are covered in pharmacology include:

- Drug classifications
- Drug actions
- Drug side effects
- Drug interactions
- Dosage calculations
- Medication administration

Pharmacology is a complex subject, but it is essential for nurses to have a good understanding of it in order to provide safe and effective patient care.

#### Pathophysiology

Pathophysiology is the study of the causes and effects of disease. Nurses need to have a good understanding of pathophysiology in order to be able to assess, diagnose, and treat patients with various conditions.

Some of the topics that are covered in pathophysiology include:

- The immune system
- Inflammation
- Infection
- Cancer
- Cardiovascular disease
- Respiratory disease
- Gastrointestinal disease
- Genitourinary disease
- Neurological disease

Pathophysiology is a vast and complex subject, but it is essential for nurses to have a good understanding of it in order to provide safe and effective patient care.

#### **Medical-Surgical Nursing**

Medical-surgical nursing is the care of patients who have acute or chronic medical conditions. Medical-surgical nurses provide a wide range of services, including:

- Assessing and monitoring patients
- Administering medication
- Providing wound care
- Teaching patients about their condition and treatment
- Providing emotional support to patients and their families

Medical-surgical nursing is a challenging and rewarding field. Medicalsurgical nurses play a vital role in the care of patients with acute or chronic medical conditions.

#### **Pediatric Nursing**

Pediatric nursing is the care of children from birth to adolescence. Pediatric nurses provide a wide range of services, including:

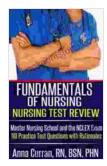
- Assessing and monitoring children
- Administering medication
- Providing wound care
- Teaching children and their families about their condition and treatment
- Providing emotional support to children and their families

Pediatric nursing is a challenging and rewarding field. Pediatric nurses play a vital role in the care of children from birth to adolescence.

#### **Obstetrics and Gynecology**

Obstetrics and gynecology (OB/GYN) is the care of women during pregnancy, childbirth, and the postpartum period. OB/GYN nurses provide a wide range of services, including:

- Assessing and monitoring women during pregnancy
- Providing prenatal care
- Assisting with childbirth
- Providing postpartum care
- Teaching women about pregnancy, childbirth, and



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